

Sharing Circle 1 (K-3)

Lesson Plan (60 minutes)

Materials Needed:

- Sharing Circle 1 Talking Stick
- Worksheet (2 options – K/1, 2/3)
- Family story to tell

Introduction:

Introduction:

- Introduce yourself (name, title, where you are from, who you are as an Indigenous Person)
- Acknowledge the territory. “We acknowledge that we reside on the traditional ancestral shared territory of the Sumas and Matsqui First Nations, Sumas and Matsqui First Nations have lived in the Fraser Valley for 10,000 years.
- Ask who are Indigenous people? (Answer: 3 groups, First Nations Métis and Inuit People)

1. Introduce the Presentation:

- **What is a Sharing Circle?** Sitting in a circle, everyone is equal, allows everyone to have a chance to share their stories.
- **How it is used by Indigenous People?** Sometimes used to solve problems as a group. Some sharing circles are fun, some sharing circles are used for healing issues, allow impartial opinions to aid in situations.
- **What a Sharing Circle should look like and sound like.** Sitting in a circle on the floor listening with your ears and your eyes, taking turns, can only speak when you have the “talking stick”.

Presentation:

May start with a simple question to open communication. ie. What is your favourite colour? What is your favourite game to play?

1. “We are going to share stories about what activities our families enjoy.” “I want you to listen respectfully without talking about the different activities your friend’s families participate in. ☑ Comment on the stories shared by each student.
2. Share a story about your family and what activity you enjoy doing with them. Share your object with the student and tell how it relates to your story.
3. After everyone has shared, tell the students they are going to have a worksheet to complete about what they shared in the circle.
4. Explain the sheet while the students are in the circle.
5. Have the students complete the sheet at their desk.

Circulate through the class and help the students as needed.

Conclusion:

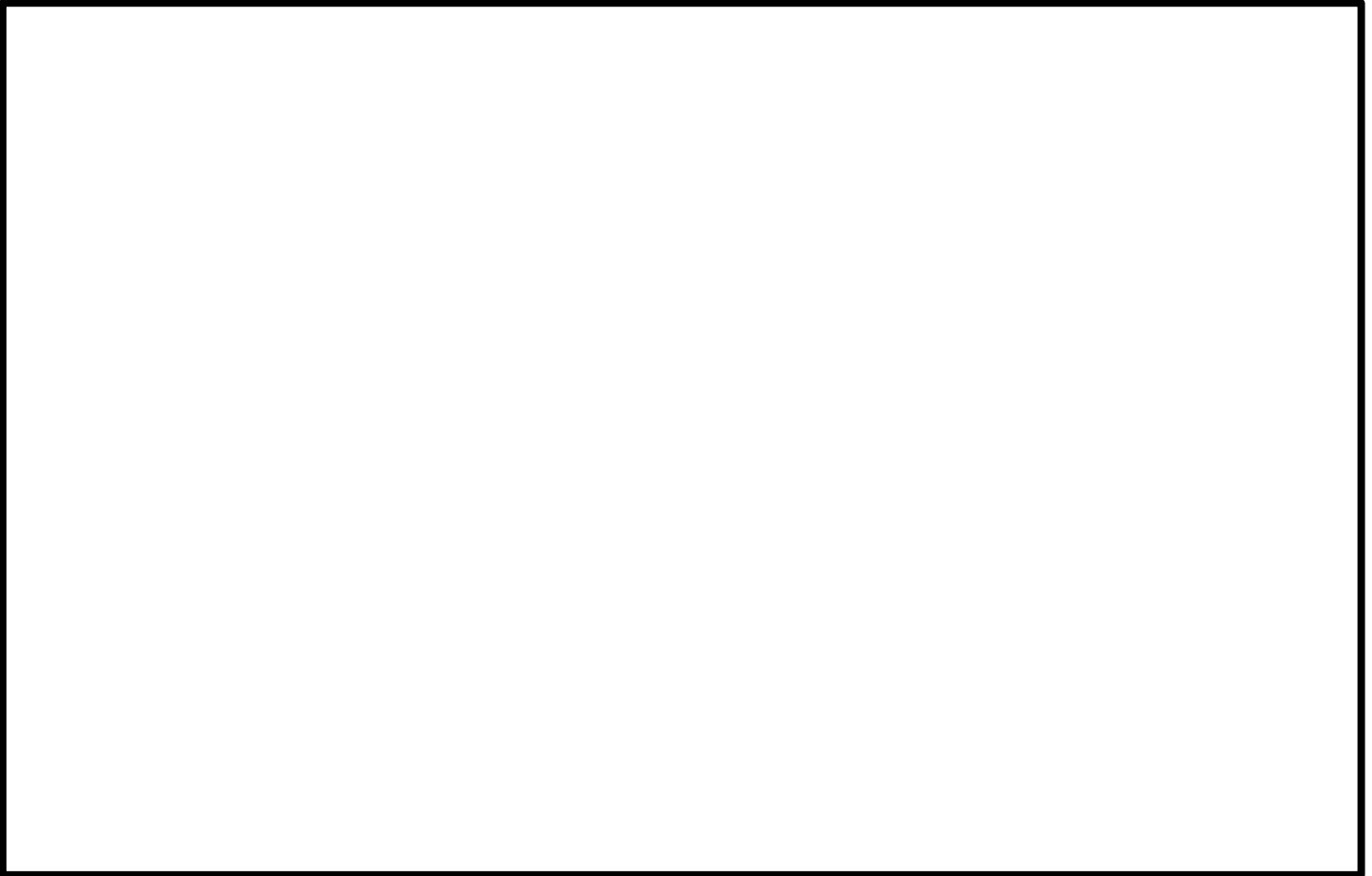
- If there is time, have some students show their worksheet and tell why they are proud of it.
- May have time to go back into the sharing circle to share the completed sheets.
- Thank the teacher and the class for having you.

Indigenous Sharing Circle (Grade 2/3)

Name: _____

Date: _____

Draw and colour a picture of what you shared.



Write what you shared.

Indigenous Sharing Circle (K – Grade 1)

My Name is: _____

Draw and colour a picture of what you shared.

