

ROCK YOUR MOCS

NOVEMBER
#ROCKYOURMOCS



WHAT IS THE ROCK YOUR MOCS EVENT?

Established 2011, Rock Your Mocs, is an annual event held during November for people all over the world to share their cultural pride and identity by wearing their moccasins. During Rock Your Mocs, people wear their moccasins, take photos, and share the photos with friends and family so everyone can enjoy each other's unique moccasins.



WHAT ARE MOCCASINS?

Moccasins are a type of footwear or shoe. Originally, these shoes were all handmade, and designs often reflected heritage, community or personal history. They needed to be durable and functional to the task at hand. If you were a Grass Dancer your moccasins were designed for dancing. If you were a Voyageur your moccasins were an essential piece of footwear. Today, Moccasins are used for many purposes and are as unique as the people that made them.



CLOSE UP

Check out Ms. Diablo as she shares what she loves and rocks her mocs to the music of TBZ-The Boyz ! ([video link](#))



Stories to think about:



Some of the most well know moccasins are Métis beaded moccasins. Putting floral designs on moccasins is one of the ways Métis became known as The Flower Beadwork People. Check out this [video](#) to learn more:



Here is a young Coureur Des Bois (wood-runner). What do you think his moccasins are made of? Where is he going? What is he doing?



Source: Archives Congrégation de Notre-Dame – Montreal
<https://archivesvirtuelles-cnd.org/en/archives-gallery/young-coureur-des-bois-wood-runner-0>



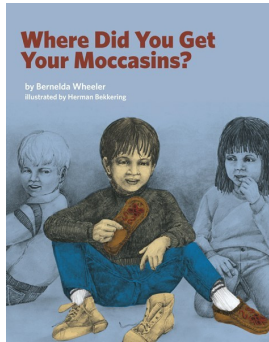
Many Métis are masters at making something from nothing, in this [video](#) we hear about shooting gopher for their hides and making shoes out of blue jeans.

In her book *My Children are My Reward* Métis Elder Elsie Spence talks about making moccasins from groundhog. Imagine making your own moccasins. What will you use them for? Will you need them to be quiet because you are out in the forest hunting? Maybe they will be dancing moccasins? Or maybe they will need to be waterproof for wet weather?

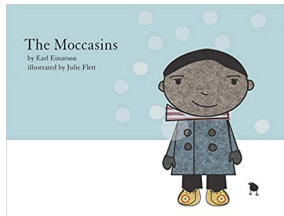


How will you Rock Your Mocs this year?

Stories to read:



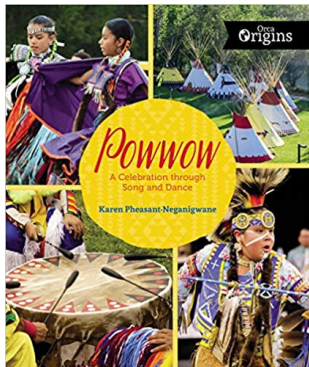
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