

Paddle Necklace (3-5)

Lesson Plan (60 minutes)

Materials Needed:

- Paddle Necklace
- Large Sumas Paddle – made from cedar plank
- Class set of symbols/pictograph sheets
- Cord (80cm/32inch)
- 4 beads
- 4 directions chart
- Paddles
- Split Ring (ready before presentation)

Introduction:

Introduce Yourself

- Introduce yourself (name, title, where you are from, who you are as an Indigenous Person)
- Acknowledge the territory: “We acknowledge that we reside on the traditional ancestral unceded shared territory of the Sumas and Matsqui First Nations, Sumas and Matsqui First Nations have lived in the Fraser Valley for at least 10,000 years.
- Ask who are Indigenous people? (Answer: 3 groups, First Nations Métis and Inuit People).

Presentation:

Introduce Symbols

- Ask the kids “What are symbols?” – something that stands for something else.
 - i.e. Draw a soccer ball =symbol that represents all of what happens during soccer.
- Draw about 4 symbols to get the kids thinking – (peace symbol = harmony, heart = love...bathroom symbol=men’s or women’s bathroom)
- “What are symbols of Indigenous people?”
 - feather, canoe, tipi, paddle, totem poles, cedar hat

Introduce Colours

- Introduce the Indigenous colours for each direction.
- Tell the kids what each colour means teaching/gifts from each direction:
 - Red – East, New Beginnings (sun rises in the east)
 - Yellow – South, warmth, nurturing and loving
 - Black – West, unknown (sun sets in the west)
 - White – North, wisdom (last part of life – receives wisdom)

Introduce the Paddle

- “What do you think the paddle is a symbol of?”
 - Canoe: one mind- working together (in sync), practice, work hard, teamwork
 - Cedar tree – very giving to everyone in the community, a hard worker, canoe, paddle, baskets, clothing, tools, jewelry, net, buildings, mask, carvings
- Large Paddle Teachings:
 - Symbols on one side – Sumas (wolf and salmon)
 - From the teachings that were shared with me...opposite side has a symbol that everyone in that canoe family would have on their paddle (school symbol)
 - Why is the paddle important to have if you are in the ocean or a river?
 - * help you take you to your goal/direction
 - * can save you and your “family’s” life
 - paddle is held in great respect so it is treated with great respect.
 - holding onto the paddle, the blade doesn’t touch the ground, often the handle is placed on the shoe.

- when not being used the paddle will be placed on a blanket.
- ask permission to use/touch someone else's paddle.

Create Paddle Necklace:

- Beads need to be in order from right to left as you wear the necklace.
 - Red, yellow, paddle, black, white

Extension: (if there is time)

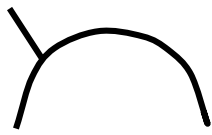
- Use small felts (use pencil first) to put symbols on your paddle that are important in your life. i.e. hockey stick, flower, salmon, family members.

Closure:

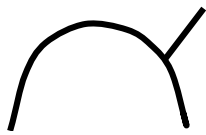
- Sharing what colour symbol is important to you or if symbols were drawn on the paddles share those symbols.
- Thank the class and the teacher for having you.

Pictographs

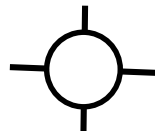
Some Indigenous groups drew pictures to tell stories about their lives. We call these pictures pictographs.



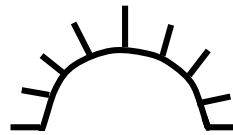
MORNING



NIGHT



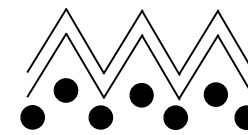
DAY



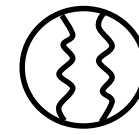
HOT



RAIN



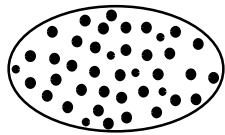
SNOW



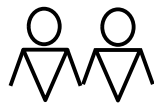
WIND



LIGHTNING



EVERYBODY



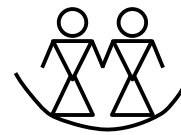
FRIENDS



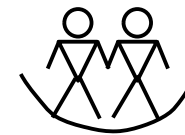
WOMAN



MAN



SISTERS



BROTHERS



LEADER



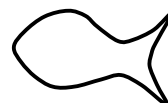
TALK



FEAST



HUNT



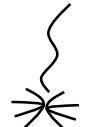
FISH



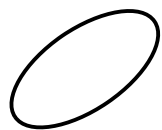
WAR



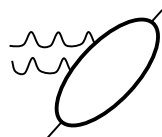
STRENGTH



CAMPFIRE



OCEAN



LAKE



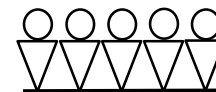
MOUNTAINS



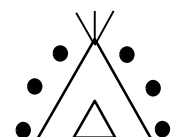
HILLS



GRASS

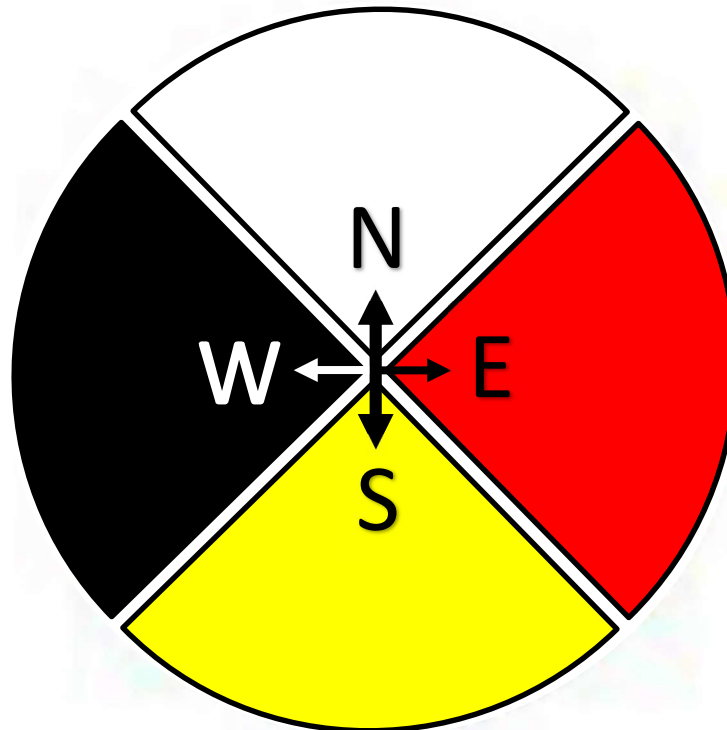
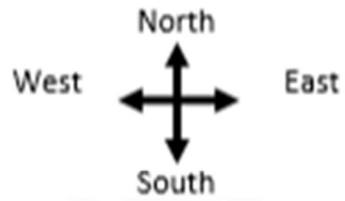


TRIBE



VILLAGE

The Four Directions



Your necklace

