

Little Bear's Vision Quest (2-4)

Lesson Plan (60 minutes)

Materials Needed:

- Little Bear's Vision Quest by Diane Silvey
- Photocopy of 3 colouring sheets
- Photocopy and cut copies of bears

Classroom arrangement: Have students sitting in an area/on carpet (desks are fine)

Introduction:

1. **Introduce yourself**
 - Introduce yourself (name, title, where you are from, who you are as an Aboriginal Person)
2. **Acknowledge the territory we are on.** "We acknowledge that we reside on the traditional ancestral shared territory of the Sumas and Matsqui First Nations. Sumas and Matsqui First Nations have lived in the Fraser Valley for 10,000 years.
3. **Ask who are Aboriginal people?** (Answer: 3 groups, First Nations Métis, and Inuit People)

Introduce the Presentation:

Stories are a huge part of Aboriginal culture. Many stories are not just for entertainment but they are told to teach lessons and learning to the children. Many of the stories and lessons focus on changing behaviour, attitude or how to overcome a struggle. How to be the best person possible.

Show the cover of the book

Look at the title: Little Bear. Aboriginal cultural stories are often about animals who have human qualities – they talk, and they may walk on two legs. The animals are used in the stories to demonstrate the learning and the lesson learned.

Vision Quest: This is what a person may do to think about their behaviour that may need to change. This may also mean that they go to a place away from other people to learn about themselves.

- If you choose a wrong behaviour, where d you get sent? (To your bedroom to a time out chair?)
- When you are in your room you are there to think about what you have done.
- After you have been thinking and decided that your behaviour will change you come ut when you have realized how to be a better person.

This is just like a vision quest.

- Little Bear will choose some "not nice" behaviour and he will be sent away to think about this behaviour. He will be expected to return when he has realized what he has done.

Read the Story

Read the cover and then, the story. Ask the questions as they are written in the book.

Introduce the Activity:

Do a quick visual of the class, if they are needing to move from the carpet, you may want the students to go to their desks before you explain the activity.

1. Each of you are going to get an activity sheet (show them the sheets). There are 3 different ones, you get what you get unless someone beside you wants to trade. (or you may allow them to choose the one they want).
2. There are 4 jobs to this activity. (may want to write the underline parts on the board in order.)
 - i. First job on this sheet is your name (show them the name spot).

- ii. Second is to write 1/2/3/4 sentences about what you Learned by listening to the story. This may be how you learned to treat people, what might happen when you choose a wrong behaviour. (have 2 – 4 students share with the class what they have learned).
- iii. Third job is to fully colour the picture with your colouring utensils as neatly as possible.
- iv. Fourth job is to cut out the shape of Little Bear and put him on your picture in the appropriate spot.

Have students repeat the jobs to you as a class or individually, show the numbers with your fingers.

Start the Activity

1. Hand the sheets to the students when they are at their desk or before they go to their desks.
2. Once the students are in their desks, walk around to check if their name is on their sheet (just point to the name line).
3. Check to see if the students are understanding what to write. If it looks unclear, stop the class and explain what you want them to write about.
 - What they learned from the story... (may want to write some ideas on the board)
 - How to respect others
 - How to treat others
 - How to talk nicely to your friends and family
 - How to take responsibility for your own actions
 - How to understand consequences
4. Once the students are finishing their writing they progress to the colouring job.
5. Hand out the bear shapes to all the students before they start asking for them.

****Always be walking around the class, you never know what you learn...**

Conclusion

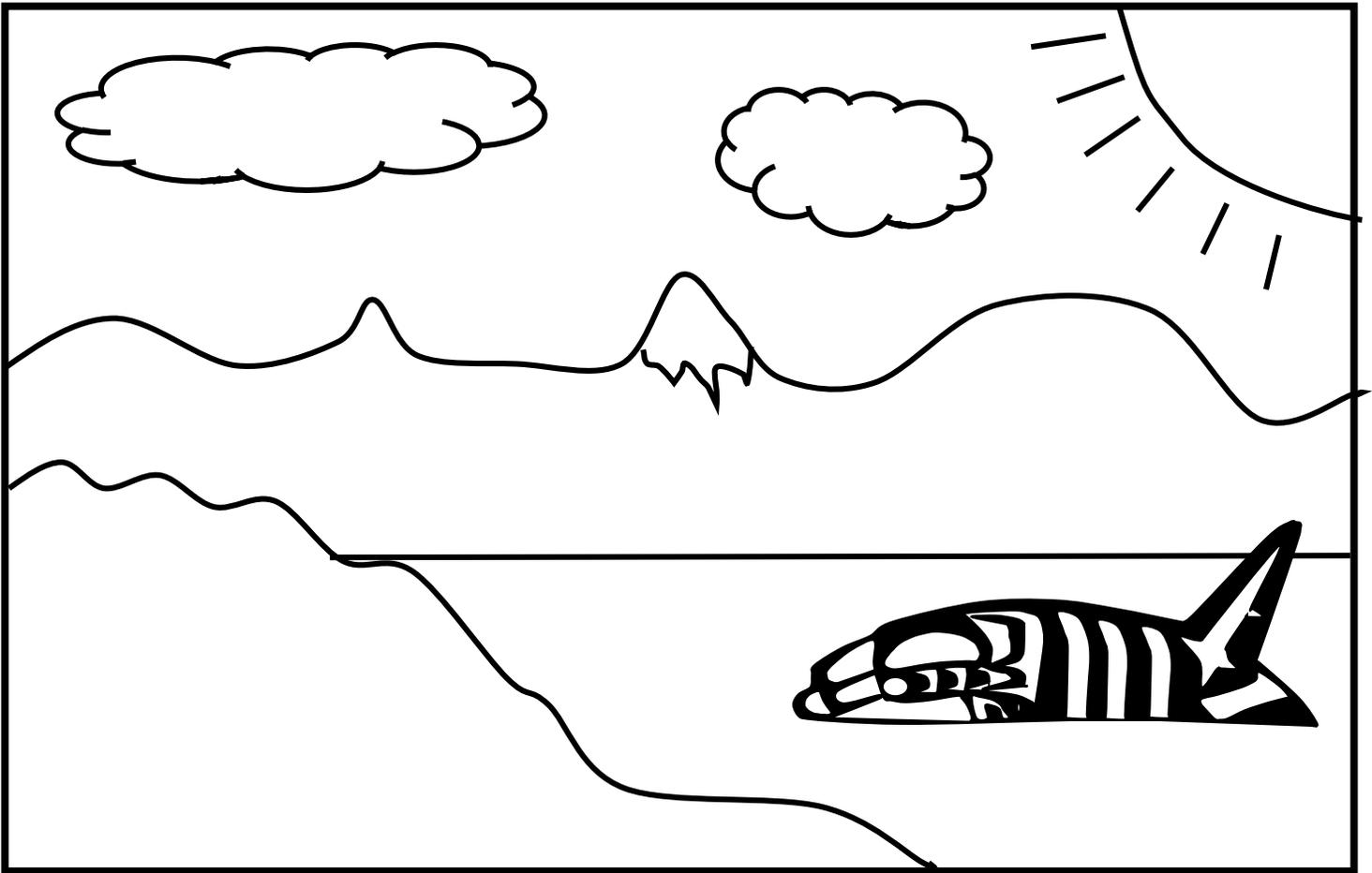
Watch the clock, you may be out of time before the whole class finishes.

1. Warn the students, "I have 15 more minutes left with you, keep working hard..."
2. At 55 minutes stop the class, "I have only 5 minutes left with you, I would like to hear some of your writing. Would anyone like to read their writing to the class or have me read their writing?"
 - take 3 – 5 students to read and show their picture to the class (don't have to finished).
3. Thank the teacher and the class for having you.

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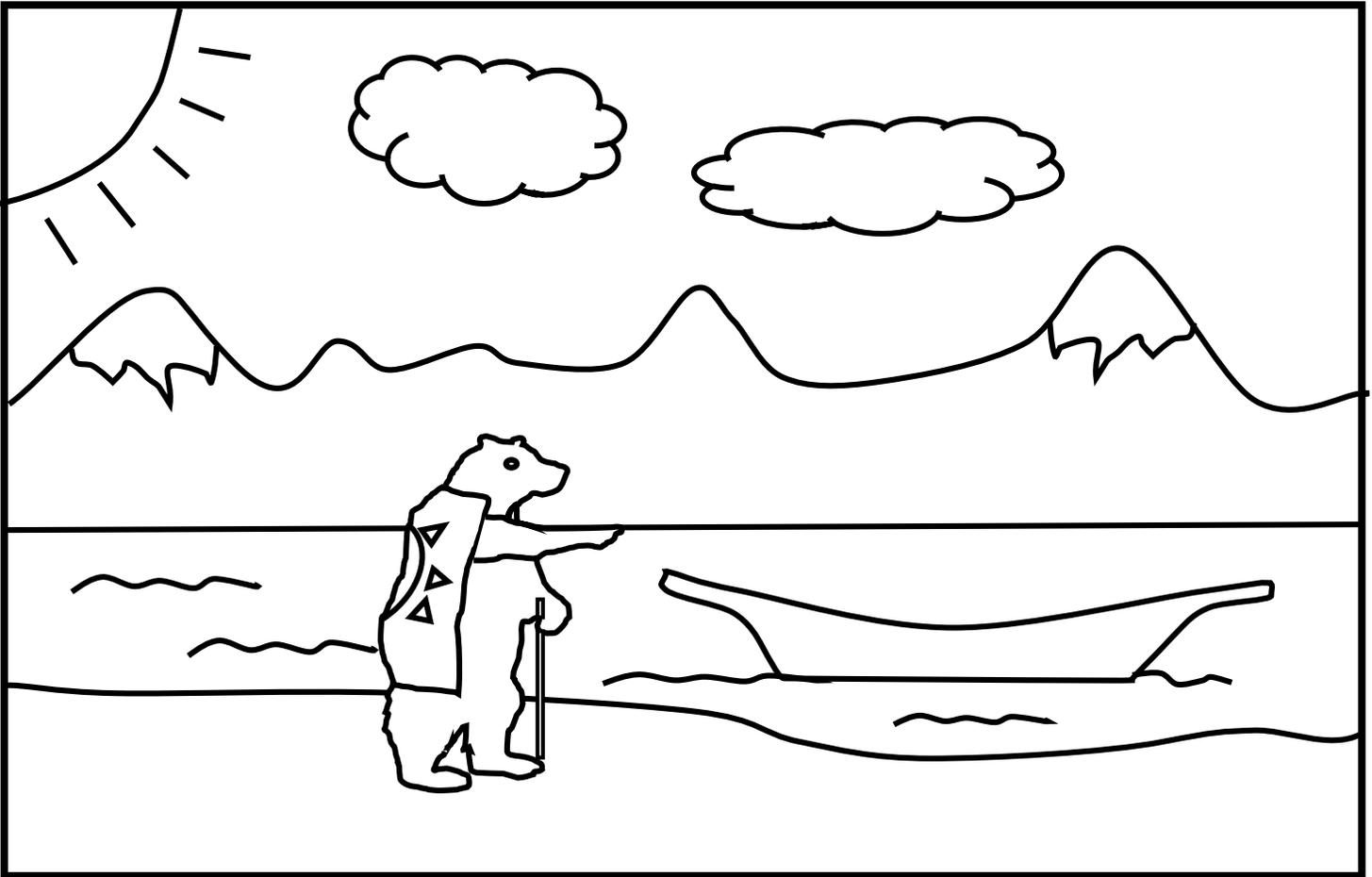


Write what you learned.

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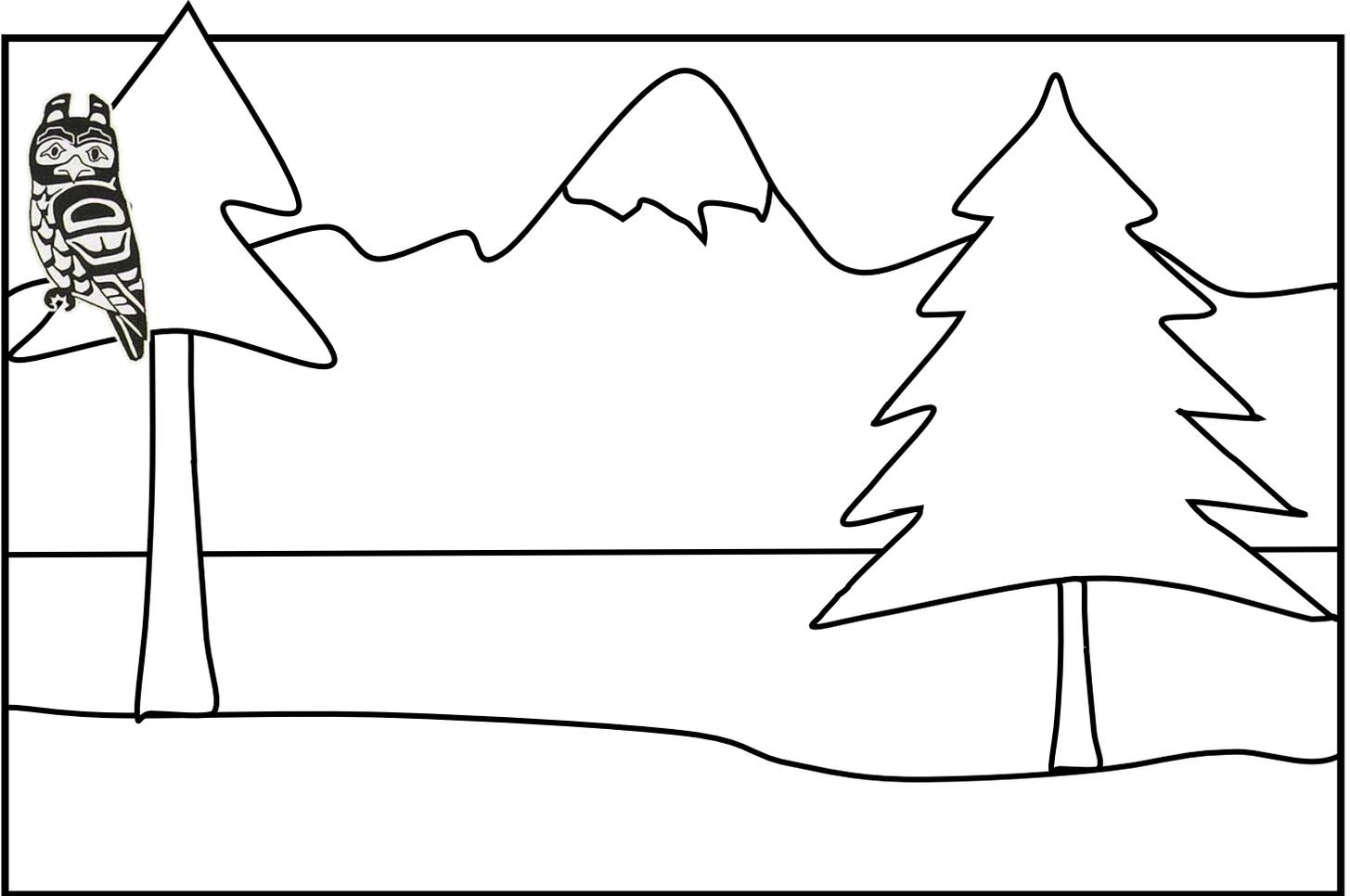


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