

Food Traditions and Food Security

For All Ages:

Fry Bread by Kevin Noble Maillard

Synopsis: Using a sensory approach the author describes all the food traditions associated with his experience of fry bread.

This resource is good for all ages. Use the picture book and story in primary grades to introduce the topics of food traditions, food security, and embracing culture and community in the face of opposition. For older grades use the story and author notes to facilitate discussion on how many Indigenous communities had to adapt their way of life including their food traditions in order to survive.

Take a deep dive with the author and use some of these interview questions in your classroom.

- Fry bread is about food and family traditions. What are some of your food and family traditions?

- Kevin is the one in his family that makes the fry bread. Is there a food making practice in your family that only one person does?
- Kevin says “If there is one thing that everyone can agree on about fry bread it’s that everybody’s else’s version is wrong” Is there a food in your family that is so good it makes everyone want to say “Nobody can make _____ like _____”

Use the QR to read an interview with the author Kevin Noble Maillard.



For Primary

Acorns for Wilaiya by Nadine McSpadden

Synopsis: Wilaiya goes for a walk in the forest with her Grandma. Wilaiya’s grandma encourages Wilaiya to look around and “tell Grandma what you see.” Together Wilaiya and Grandma collect acorns and play some fun games with the acorns they collect.

This is a primary math resource that offers opportunities to:

- Describe how Wilaiya sorted the acorns
- Math numerals to counted numbers
- Use the strategy of one-to-one matching to compare sets to 10.

