## The Gift Basket Lesson Plan (grade all levels)

Lesson Plan (1-1.5 hour)

#### **Materials**

- \* paper cups \* markers \* thick yarn (all colours) \* woven basket
- \* scissors \* glue sticks \* thin yarn (higher level of fine motor skills)
- \* Have You Filled a Bucket Today? Book by Carol McCloud

### **Introduction:**

#### **First Peoples of Learning Target:**

- ~I can learn about generational roles and responsibilities
- ~I can speak about how learning is embedded in memory, history, and story

#### **Introduce the Presentation**

Basket making is a cherished gift our Stó:lō People who are a member of the Coast Salish Nation have practiced for thousands of years. Baskets have many different purposes, and all are just as important as the next. The basket discussed is the Gift Basket. Participants are going to create a Gift Basket.

This story was passed down from Rose Greene's mom, Rose's mom learned this story from her mom from Sumas First Nation. This is how Stó:lō stories are handed down and learned is through oral tradition nothing was written down. The Gift Basket is the basket we carry throughout our four stages of life (birth, rite of passage (puberty rights), wedding, death). The creator placed this basket in our hands along with our ancestors to help with the life lessons we experience throughout the four stages of life. The "tools" and/or "Gifts" we receive by others or earn ourselves are placed in our baskets to help ourselves and others when needed. Our baskets never get too full.

Read Aloud "Have You Filled a Bucket Today?"

Compare "The Gift Basket and Have You Filled a Bucket Today" and "The Gift Basket" story and see the connections participants have.

# **Creating the Gift Basket:**

Explain & Demonstration

Step 1~Colour bottom same colour of the first colour woven.

Step 2 ~Cut slits from top of cup to bottom rim

Step 3 ~Demonstrate weaving crisscross yarn pieces with each slit of the cup and go all the way around cup, end of each colour of yarn is inside and can be tied into a knot or covered with the next round of yarn.

Two demo cups not numbered are demonstrations of how thin or thick the cuts of the cup are depending on how much weaving will be needed to finish.

## **Ticket out or End of Lesson Activity:**

Sharing Circle Discussion: What are their feelings of making the basket and what they are taking away from this activity and "What they placed in their basket"









